



COVID-19 RETURN TO PRACTICE

Dear valued patient,

The face of the world has changed, and along with it most industries have undergone change. Chiropractic has to step up to the plate, and adapt to the post Covid-19 period. Safety of both our patients and your chiropractor is of paramount importance.

With this information in mind there will be a few changes implemented:

1. Patients and chiropractors will be required to wear a mask at their appointments. A strict policy of: No mask, No appointment! will be implemented. You will also see your chiropractor in PPE of scrubs or clinic jackets. This is the minimum level required. Please note that gloves will not be used for your appointment for hygiene purposes. Should you need more information on the AHPCSA guidelines for good practice hygiene, please consult www.ahpcsa.co.za
2. Patients and chiropractors will be required to wash/ sanitise their hands in the reception area prior to treatment.
3. Please leave as many accessory items in the car as you are able to. This includes watches, jewellery etc. the less there is on you, the less chance there is of contamination.
4. Please bring along your own shorts/ gowns or wear comfy clothing that you do not need to change into the clinic attire.
5. Please note that all friends and family will be asked to wait in the car.
6. Appointment times will be made longer due to time taken to clean all handles / machines and treatment surfaces. Please be patient and keep this in mind when making your appointment.
7. If you are experiencing any signs and symptoms of COVID-19 please reschedule your appointment (Cough, fever (above 38 degrees), sore throat, tiredness, Exposure to anyone with suspected or diagnosed with COVID-19 in the last 14 days; Worked or attended a clinic facility treating COVID-19 patients. facility treating COVID-19 patient).
8. On arrival you can expect to have your temperature taken and another round of questions to ensure everyone's safety.

Please feel free to contact the practice if you have any queries. Let's all stay safe.